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Bangalore Mirror

TEMP Max 22 | Min 19 | Humidity 90% Rain Sensex 66,355 | Nifty 19,680 | Gold 59,080 | Silver 74,759 | Dollar 81.85 | Euro 90.33 | GBP 105.13

KNOT AT HOME

Online service for marriage registration, coming soon

PAGE 2

JUMBO ALERT

Bannerghatta helpline gets 120 calls in one month

PAGE 3

BBMP prefers to turn the other way as business establishments take over footpaths in AECS Layout; issue discussed in ward meetings, but there has been no action

BUSINESS ON FOOTPATH, PEDESTRIANS ON ROAD

Citizens say vending zones are need of the hour to free up space to walk

| Y Maheswara Reddy
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TWEETS @BangaloreMIRROR

Aeronautical Engineers Cooperative Society (AECS) Layout situated at the eastern part of Bengaluru is known as a well-developed residential neighbourhood and has a general image of being a good place to live. But, rapid commercialisation of important roads, has robbed the sheen of the AECS Layout.

Residents have been complaining about commercialisation of the locality to the authorities concerned but nothing has been done to stop residential buildings being converted for commercial purposes. Residents of the area told Bangalore Mirror that the footpaths developed by the BBMP have been encroached upon without any hassles by commercial establishments. They said that pedestrians are compelled to walk on the road thus making them vulnerable to accidents.

"The BBMP has reduced the width of the footpath on the main road and other important cross-roads. Earlier, footpaths were pedestrian friendly. Now, the footpaths have hardly any space for

CONTINUED ON PAGE 8 »

KAUSHIK JN

"The footpaths have hardly any space for pedestrians. BBMP authorities must act tough against those responsible for encroachment of footpaths

— Ramesh K, a resident of the area

Safety first: Bikes stay off

2-wheeler riders upset with decision, but officials say move must to keep expressway safe

| Sridhar.Vivan
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TWEETS @sridharVMIRROR

The Centre has recently issued a notification imposing a ban on bikes from accessing the Bengaluru-Mysuru expressway, in an effort to enhance road safety. The ban will be enforced following a drive conducted by the National Highways Authority of India (NHAI) and the police. The notification, dated July 12 (a copy is with Bangalore Mirror), outlines the ongoing development of the Bengaluru-Mysuru Highway (NH-275) into a fully access-controlled six-lane highway. The project extends from near Panchamukhi Temple in Kengeri, Bengaluru South District, Karnataka, connecting Ramanagara and Mandya District, and terminating at Manipal Hospital Junction, Mysuru.

According to the notification, certain classes of vehicles, such as motorcycles (including scooters and other two-wheelers), three-wheelers (including e-Carts and e-Rickshaws), non-motorised vehicles,

CONTINUED ON PAGE 2 »

3 THINGS TO DO

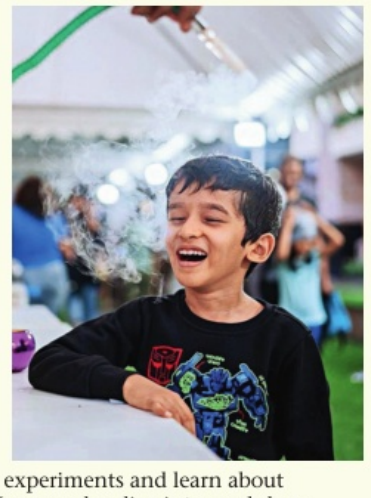
01 Best crafts

Don't miss out on the chance to visit the Rajasthan Handloom and Handicrafts Exhibition, which features a vast collection of cotton and silk handlooms from Karnataka and other states. You can get your hands on a variety of jewellery, such as silver, Kundan, meenakari, precious and semi-precious gemstones, paintings, leathercraft, and more. **Where: Someshwara Sabha Bhavan, RBI Layout, JP Nagar 7th Phase;**
When: July 26 to August 4

02 Music show

Mumbai-based Jazzafools, a band known for its improvisational prowess and experimentation with R&B, soul, funk, and jazz, is coming to Bengaluru. Enjoy each of its performances as the artists plan to blend traditional elements of jazz with contemporary styles.
Where: Windmills, Whitefield
When: Friday and Saturday, July 28 and 29

03 Scientific world



Get ready to attend The Great Indian Science Fest, happening this month in Whitefield. The fest is set to ignite a spark of curiosity among science enthusiasts. You can have fun with scientific wonders and experiments and learn about discoveries. You can also dive into workshops.
Where: Nexus Whitefield Mall
When: July 29 and 30; 1 pm to 8 pm

Getting married? Now skip every paperwork

Karnataka to introduce new online service for marriage registration; system aims to curb exploitation of intermediaries who charge extra fees, says official

Bangalore Mirror Bureau
mybangaloremirror
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TWEETS @BangaloreMIRROR

With the new digital platform, couples can conveniently apply and receive the marriage certificate, ensuring a transparent and efficient process

Now, you can get your marriage registration certificate while sitting at home. Karnataka is introducing a new and improved online service that eliminates the need to visit Sub-Registrar offices. Thanks to the 'Kaveri-2' software, the process of obtaining a marriage registration certificate, along with Aadhaar details of the bride, groom, and witnesses, can now be easily completed online. This initiative is expected to significantly increase the number of Hindu marriage registrations in the state.

The marriage registration certificate is a crucial government document, providing confirmed evidence of marriage and opening doors to various government services, including insurance compensation and other benefits. However, despite its significance, the registration rate remains low compared to the actual marriage rate. To address this gap and simplify the registration process, the government has taken a progressive step forward.

An official said, "Under the current process, couples must fill out a prescribed application for the marriage registration certificate, submit photographs, and appear personally before the marriage officer with three witnesses. The Aadhaar documents are then verified for legitimacy, and upon confirmation, the certificate is issued under the concerned registry."

This online system aims to curb the exploitation of intermediaries who charge exorbitant fees to speed up the registration process. With the new digital platform, couples can conveniently apply and receive the marriage certificate without any third-party involvement, reducing unnecessary expenses and ensuring a transparent and efficient process, they added.

In the previous year, a total of 2.05 lakh marriages were registered in the state, out of which 1.71 lakh were registered under the Hindu Marriage Registration Act. The remaining marriages were registered under the Special Marriage Acts. However, compared to the marriage rate, only a mere 1% of marriages are being registered. The implementation of the improved online system is expected to boost marriage registrations significantly.

> **"Under the current process, couples must fill out a prescribed application for the marriage certificate** – an official

"With the 'Kaveri-2' software, applicants can visit the official website (kaveri.karnataka.gov.in), enter the required information, including the Aadhaar numbers of the bride, groom, and witnesses, and make the necessary fee payments. Once the details and documents are verified, approval will be granted, and the certificate can be conveniently downloaded from the website itself. For those who prefer not to provide their Aadhaar numbers, the traditional system of obtaining the certificate will still be available," the official explained.

When contacted, Revenue Minister Krishna Byregowda said, "This forward-thinking initiative aligns with the government's vision to promote social security for girl children and simplify the process of obtaining marriage registration for various functions. The online service is a significant step towards enhancing ease of doing business and facilitating citizen-centric governance."

Better safe, than have a good ride?

CONTINUED FROM PAGE 1

tractors (with or without trailers), multi-axle hydraulic trailer vehicles, and quadri-cycles, are prohibited from using the Bengaloru-Mysuru Access Controlled Highway (NH-275). This move aims to address the potential risks posed to these slow-moving vehicles and ensure road safety on the high-speed corridor.

Commenting on the decision, a senior police official said, "The enforcement of the ban on bikes on the Bengaluru-Mysuru expressway will significantly contribute to enhancing safety on this high-speed corridor." He further emphasized on the importance of adhering to the regulations to mitigate potential accidents and ensure smooth traffic flow.

Bike-riders' plea

Meanwhile, a section of high end bike owners have been demanding access for bikes on the expressway. Some individuals, including bike clubs and two-wheeler enthusiasts, expressed disappointment over the restriction.

However, NHAI officials defended the decision, stating that safety considerations for all commuters on the expressway take precedence.

Additional Director General of Police (Traffic and Road Safety) Alok Kumar visited the expressway on Tuesday. Later he said, though many improvements have been made on the Bengaluru-Mysuru road, there are still areas that require further attention.

"We have requested NHAI to install more signboards, especially near toll booths, to enhance road safety," he said. However, the installation process may take an additional 15 to 20 days, as conveyed by NHAI."

Furthermore, ADGP Alok Kumar stressed on the need for better regulation of entry and exit points on the expressway, proposing the construction of a skywalk to address pedestrian safety concerns. He mentioned that the recent inspection by the NHAI expert team will play a crucial role in identifying further improvements.

To ensure strict enforcement, ADGP Alok Kumar directed the highway patrol to prevent any vehicles from stopping on the expressway. In addition, bikes illegally entering the expressway will face penalties under IMV 187.

Giant crop raiders: Farmers ring for assistance

Helpline at Bannerghatta receives 120 calls in less than a month

Garima Prasher
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TWEETS @BangaloreMIRROR

In less than a month, the 32-member Elephant Task Force at Bannerghatta National Park (BNP) has received over 120 calls on its 24*7 helpline number. According to the officials from BNP, the majority of these calls are from farmers in the adjoining regions of the park regarding crop raids by jumbos.

"On average, the ETF helpline is receiving five to six calls daily. Any person living in the vicinity of BNP and facing human-elephant conflict issues such as crop degradation can call this number. Currently, we are attending to calls from a three- to five-kilometre radius of BNP. Most of these complaints are from boundary areas, as these are high-conflict zones. The helpline was set up on June 30, and to date, we have received more than 120 calls," said Prabhakar Priyadarshi, Deputy Conservator of Forest, BNP.

The ETF, along with the helpline number, was set up to bring down the rising number of human-elephant conflict incidents around BNP. The 32-member BNP ETF team consists of one range forest officer, two deputy forest officers, five guards, and 24 outsourced personnel. The team, fully equipped with vehicles for quick response along with public address systems, crackers, and guns needed to drive the elephants into the forest, is also being used to spread awareness about conflict cases and ways to avoid them.

> **"On average, the ETF helpline is receiving five to six calls daily. Anyone living around BNP and facing issues can call** –Prabhakar Priyadarshi

Officials say the helpline, along with the ETF, has reduced the response time during conflict situations considerably.

"The centralised system with better management and timely intervention has helped tremendously during conflict situations around BNP. Farmers and villagers are at ease since there is no confusion regarding approaching the concerned officials. The ETF is busy driving elephants into the forest areas during the night hours and raising awareness about conflict situations among villagers during the day. We have also printed pamphlets with the dos and don'ts of human-elephant conflict and distributed them among the villagers," added Priyadarshi.

Conservationists say the helpline, along with the ETF, is a welcome move as many cases of human-wildlife conflicts have been reported from Bengaluru over the past few years.

Bengaluru has been grabbing the top spot across Karnataka when it comes to the number of cases of ex-gratia. Between April 2022 and March 2023, the city recorded as many as 8,329 cases of crop damage, cattle killings, human deaths, permanent and partial disabilities, injuries, and property losses. Out of these, while 1,107 were 'cattle killed' cases, a whopping 6,604 were crop damage cases. They also highlight that data from the helpline can be used to track elephant movements.

"Long-term data from the helpline can be used to draw the movement patterns of elephants," said Ramesh Belagere, wildlife researcher, Foundation of Ecology and Education Development.

Man held for stealing vehicles

The police arrested a man suspected of stealing several vehicles.

Syed Shabaz, a resident of Shivajinagar, has been named as the accused. Shabaz was arrested by Commercial Street police, who seized 11 two-wheelers and an autorickshaw from him. According to the police, the seized vehicles are worth Rs 5.6 lakh.

While attempting to sell stolen vehicles close to Char Minar Masjid in Shivajinagar, the police apprehended the suspect.

Following Shabaz's arrest, numerous robbery cases reported to the Commercial Street, Bharati Nagar, and Vivek Nagar police stations were resolved, the police informed. —BMB

Hunt for arms smuggler

The Karnataka police said that it has arrested five suspects after busting a terror module operating in Bengaluru and seized arms and ammunition, including ready-to-use hand grenades.

The CCB wing identified the accused as Syed Suhail Khan, Mohammad Faizal Rabbani, Mohammad Umar, Muddassir Pasha, and Zahid Tabrez. Sources said that police was able to access the CCTV footage where the arms smuggler is seen with the arrested accused, Rabbani and Pasha. The suspected smuggler had met the accused near Yeshwanthpur railway station. The sleuths have tracked his whereabouts and will arrest him soon. —IANS

Matrimonial fraud: Man runs away with Rs 86,000

A case has been registered at Hennur police station in Bengaluru against a man who cheated people by claiming that he would find a girl for marriage and, in return, take money.

A man named Sudhakar duped a man named Ravichandran into believing that he was working for a matrimonial site.

Ravichandran was looking for a girl in matrimony for his son Chandrasekhar. The accused, who got acquainted through a phone call, made the victim trust him and took Rs 86,000 from him, saying that the accused would find a suitable girl.

Later, Sudhakar ran away without doing his job and returning the money. Currently, Ravichandran has filed a complaint against Sudhakar at the Hennur police station.. —BMB

#savemotherearth #climatechange

ನಡೆಯಿರಿ ನಾವೆಲ್ಲರೂ ಸೇರಿ ನಮ್ಮ ಭೂಮಿ ತಾಯಿಯನ್ನು ಉಳಿಸೋಣ.

ನಮ್ಮ ಕಣ್ಣು ಮುಂದೆ ನಮ್ಮ ಏಕೈಕ ಮನೆ ಈ ಭೂಮಿ ನಾಶವಾಗುತ್ತಿರುವುದನ್ನು ನೋಡಲಿಕ್ಕೆ ಆಗುತ್ತಿಲ್ಲ. ನಡೆಯಿರಿ ಪ್ರತಿ ಊರು, ಪ್ರತಿ ನಗರವನ್ನು ಸಮರ್ಥನಿಯತೆಯನ್ನು ಮಾಡೋಣ. ಪ್ರತಿ ತಾಲೂಕಿನಲ್ಲಿ ಸಮರ್ಥನಿತೆಯ ಪ್ರಾರಂಭ ಮಾಡೋಣ.

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ಶಿವಮೊಗ್ಗದ ಸೇಫ್ ಪ್ರಣಾಳ ಶಿಶು ಕೇಂದ್ರ ...
ಪ್ರಾರಂಭವಾದ ಐದು ವರ್ಷಗಳಲ್ಲಿ ನಮ್ಮ ಚಿಕಿತ್ಸೆಯಿಂದ ....
... ನೆಮ್ಮದಿಯ ಸಂತಾನ

- 500 ಕ್ಕೂ ಹೆಚ್ಚು ಸಹಜ ಗರ್ಭಧಾರಣೆಯಿಂದ
- 150 ಕ್ಕೂ ಹೆಚ್ಚು ಕೃತಕ ಗರ್ಭಧಾರಣೆಯಿಂದ
- 150 ಕ್ಕೂ ಹೆಚ್ಚು ಪ್ರಣಾಳ ಶಿಶುಗಳು ಜನನವಾಗಿರುತ್ತವೆ.
- 700 ಕ್ಕೂ ಹೆಚ್ಚು ಗರ್ಭಕೋಶದರ್ಶಕ ಶಸ್ತ್ರ ಚಿಕಿತ್ಸೆಗಳು ಮತ್ತು
- 700 ಕ್ಕೂ ಹೆಚ್ಚು ಉದರದರ್ಶಕ ಚಿಕಿತ್ಸೆಗಳನ್ನು ಯಶಸ್ವಿಯಾಗಿ ಪೂರ್ಣಗೊಳಿಸಿ ಇನ್ನೂ ಉನ್ನತಿಯಡಿಗೆ ಸಾಗುತ್ತಿದ್ದೇವೆ....

ತಜ್ಞ ವೈದ್ಯರಾದ : ಡಾ|| ಮಧು ಎಲ್.
M.S.(OBGY), FRM (RGUHS)
ಬಂಜೆತನ ನಿವಾರಣಾ ತಜ್ಞವೈದ್ಯರು, ಇವರ ಸಾರಥ್ಯದ...

ಸೇಫ್ ಪ್ರಣಾಳ ಶಿಶು ಕೇಂದ್ರದ ವಿಶೇಷತೆಗಳು

- ಬಂಜೆತನದ ಸ್ತ್ರೀ ತಪಾಸಣೆ
- ಆಪ್ತ ಸಮಾಲೋಚನೆ
- ಅಲ್ಟ್ರಾಸೌಂಡ್ ಸ್ಕ್ಯಾನಿಂಗ್ 2D, 3D, 4D ಕಲರ್ ಡಾಪ್ಲರ್
- ಗರ್ಭಕೋಶದರ್ಶಕ ಶಸ್ತ್ರಚಿಕಿತ್ಸೆಗಳು
- ಉದರದರ್ಶಕ ಶಸ್ತ್ರ ಚಿಕಿತ್ಸೆಗಳು
- ದಾನಿ ವೀರ್ಯಾಣು ಮತ್ತು ಅಂಡಾಣುಗಳು
- ಔಷಧಾಲಯ (Pharmacy)
- ಕೃತಕ ಗರ್ಭಧಾರಣೆ -IUI
- ಪ್ರಣಾಳ ಶಿಶು IVF / ICSI
- ಪಿಸಿಒಡಿ ಕ್ಲಿನಿಕ್ (PCOD)
- ಎಂಬ್ರಿಯೊ ಬಯೊಪ್ಸಿ (PGS/PGD)
- Gamete Cryopreservation
- ಪುರುಷರ ಬಂಜೆತನ ತಪಾಸಣೆ PESA/TESA (Surgical Sperm Retrieval)
- ಕ್ಲಿನಿಕಲ್ ಲ್ಯಾಬೋರೇಟರಿ (ಹಾರ್ಮೋನ್ Assay)

: ಪ್ರಸೂತಿ ಹಾಗೂ ಸ್ತ್ರೀ ರೋಗ ವಿಭಾಗ ಪ್ರಾರಂಭಗೊಂಡಿದೆ :

ಡಾ|| ಜೀವಂತಿ. ಪಿ. ಉಪಾಧ್ಯ,
M.B.B.S, M.S(OBGY) DNB(OBGY)
ಪ್ರಖ್ಯಾತ ಮಹಿಳಾ ತಜ್ಞವೈದ್ಯರು

: ಸೇವೆಗಳು :
- ಸಹಜ ಹೆರಿಗೆ (Normal Delivery),
- ಶಸ್ತ್ರ ಚಿಕಿತ್ಸೆ ಹೆರಿಗೆ (Cesarean Delivery)
- ಸ್ತ್ರೀ ರೋಗದ ಸಮಗ್ರ ತಪಾಸಣೆ

ಬಹಳ ವರ್ಷಗಳಿಂದ ಮಕ್ಕಳಿಲ್ಲದವರು ಆತ್ಯಾಧುನಿಕ ಗುಣಮಟ್ಟದ ರಿಯಾಯಿತಿ ದರದ ಚಿಕಿತ್ಸೆಗೆ ಸಂಪರ್ಕಿಸಿ

ಸೇಫ್ ಪ್ರಣಾಳ ಶಿಶು ಕೇಂದ್ರ
ಆರ್.ಎಂ.ಆರ್. ರಸ್ತೆ, ಪಾರ್ಕ್ ಬಡಾವಣೆ, ಒಡೆಯರ್ ವಾಣಿಜ್ಯ ಸಂಕೀರ್ಣ,
ಶಾಂತಿ ಸಾಗರ್ ಹೋಟೆಲ್ ಮೇಲ್ಭಾಗ, ಶಿವಮೊಗ್ಗ
Ph :08182-404142, Mob: 95351 91545,
80505 56260, https://safeivfcentre.com/

Stop dumping! Dangerous bio-medical waste ahead

Citizens voice concern over dangers civic workers are exposed to while clearing waste

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TWEETS @BangaloreMIRROR

Close to 30-40 kg of medical refuse was being dumped in the vicinity of Richmond Park, by a dialysis centre and medical store nearby, residents of the area claim

A dialysis centre and medical store in the vicinity of Richard's Park have been fined by the Bruhat Bengaluru Mahanagara Palike (BBMP) for not disposing of their bio-medical waste according to the procedure. Residents in the area complained of the waste being left out in the open on roads, causing it to spread out to the entire neighbourhood.

Pradeep, a resident in the area said, "They were discarding close to 30-40 kgs of medical refuse daily, including needles, syringes, and patients' apparel among other medical equipment out into the roads. The monsoons have led to the heavy winds, moving the waste on the road to spread around." He said that the area also houses three schools, leaving children susceptible to bio-medical waste. "Children are curious and may pick it up. We do not know if these needles and other waste are infected and may cause harm. Pourakarmikas had to clean the medical waste along with their routine work," he explained, noting that if any pourakarmikas were to develop a health issue due to dealing

with bio-medical waste, the municipal body is unlikely to take accountability and take care of the workers' needs.

Nalini Shekhar, Co-Founder and Executive Director of Hasiru Dala, a social impact organisation that focuses on justice for waste pickers, said that bio-medical waste does not fall under solid waste management (SWM) but has its own set of mandates. "All the clinics are supposed to register with a vendor who will come and pick up the bio-medical waste. Karnataka State Pollution Control Board (KSPCB) has assigned different vendors in different areas of Bengaluru," she explained.

"We are provided with gloves, masks but these are often not in the right size. It makes working with them harder
– Nirmala M, Pourakarmika Sangha

She added that the majority of hospitals and slightly larger clinics follow the procedure in Bengaluru, however, the small clinics tend to be caught in a haphazard disposal menace.

Nalini said that it may be because the service providers are not ensuring collection, or if the cost, Rs 24-25 kg, is becoming too expensive. "The practice of open disposal by clinics has reduced significantly over the years but needs to be perfected," she said. If one comes across a clinic not disposing of their medical waste according to the procedure, they can inform the KSPCB to look into the matter.

On the other hand, Nirmala M, President of the BBMP Pourakarmika Sangha, pointed out that only a few households segregate medical waste properly and inform the workers before disposal. They are not adequately equipped with safety gear to deal with such medical waste. "We are provided gloves and masks but these are often never provided in the right size. It makes working with them much harder," she said.

Jayamahal residents bear the brunt of pipeline digging

Thanks to the practice of digging up well-tarred roads for laying pipelines and other connections, residents in and around the Jayamahal area have been left in the lurch for months now.

According to residents, despite being tarred by the Bruhat Bengaluru Mahanagara Palike (BBMP) a few months ago, many stretches of roads remain unrepaired after being dug up by businesses and individuals for water lines and other connections.

"Nandi Durga Road and other lanes in the area were in a bad state for years before it was repaired. However, it was dug up left, right, and center for various reasons. With rains around, these ditches have made it difficult to navigate," said Susan P, a resident of the area.

One particularly troublesome spot is on Millers Road, where debris was left unattended after the recent digging work in front of Bishop's house.

Locals report that various lanes of Nandi Durga Road are also in shambles due to similar digging and lack of repair. Another resident shared their experience, "A few months ago, a business establishment at the corner of Nandi Durga Road

PICTURE FOR REPRESENTATION ONLY

Civic agencies in the city tend to forget all about dug-up roads and no efforts are taken to restore them soon after the work is done

dug up the stretch to the nearest manhole and drew a pipe as they needed a water connection. Now, when we are driving on the stretch, our vehicles have no other option but to get into the ditch and then carry on."

Harris Road faced a similar fate when an apartment complex dug it open to lay a pipeline, leaving behind an unrepaired ditch.

"The stretch was recently tarred was BBMP when it was dug open. The ditch is becoming bigger with frequent spells of rain. While individuals are damaging the roads, there has been no intervention by the authorities concerned," rued Susan. Locals highlight the mismanagement of roads in the area by BBMP as well. They allege that a strip of land intended for landscaping was concretized.

It is now being used as an illegal dumping ground and parking space, causing inconvenience to commuters and motorists. One resident pointed out the issue on Benson Cross Road. "Residents had requested authorities to clean up the area and put up a curb to prevent soil from washing onto the road. However, BBMP decided to cut down young trees and concretize the spot, leading to the dumping of construction debris and illegal parking. This has made it inconvenient to drive on the narrow stretch," lamented the resident.

— Garima Prasher

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Problems in your area?
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Urgent appeal

Jayanagar

Lack of water, non-functional fans, poor lighting, dusty sheet covers, and an unclean entrance is the scene at Jayanagar's 38th Cross, 10th Main, 5th Block.

Garbage hotspots

Jakkur

Garbage dumping is rampant at Jakkur, especiall at two spots near KV Jairam Indian Oil Petrol Pump — Sobha HRC Pristine and the road towards KIA.

Unused shelter

Nandini Layout

At Nandini Layout Bus Stop on the Ring Road, the current bus shelter remains unused as buses stop nearly 50 feet away. Now, BBMP has constructed a new bus shelter adjacent to the old one.

Unidentified doorway to the sky, explained... or not

Social media went into a tizzy after a rectangular shadow appeared in the night sky over Hebbal on Saturday. The video and photo shared on social media left citizens awestruck on what could be the reason behind the strange formation.

The photo and video was first posted by Aditi Singh, a resident of HBR layout. She told BM, "Last Saturday, my friend was driving me home, when we saw something really mysterious in the sky. A strange rectangular formation was occurring, and it definitely didn't seem to be a natural phenomenon.

It was a windy day, and the clouds were moving, but then something started forming in the sky that looked like a barrier, stopping the clouds from moving through. It was as if something was levitating in the air, that was not visible to the eyes, and was stopping the clouds from moving through."

Singh said that there was a beam of light reflecting from the corners, which was very unusual in the night sky, since it was a new moon phase with 0% illumination from the moon. "Additionally, a perfectly shaped rectangle forming on its own is quite strange. It appeared for about a minute and a half and then suddenly disappeared, and the sky was just filled with clouds. This happened near the Hebbal flyover around 10:15 pm," she said. She added that it might be an atmospheric condition before rain or optical illusion.

Y Hrishikesh, a graduate in physics this was a strange phenomenon scientifically. "Some say it's the shadow of an apartment building, maybe somewhere moon light was shed on a tall apartment building. But in terms of astronomy I don't think there's any theory for now to explain this." Science student Yogen said that the Brocken Spectre could be a possible explanation behind it.

Aryan Bhake, a Msc astronomy student of IIT Indore, said, "It is a phenomenon of the Brocken Spectre given the mist as Bengaluru has hills nearby. Brocken Spectre is when suspended particles in the air form a solid screen.

When you put an object in front of a light source, it is a slow moving mist where we get an illusion because the mist acts as a screen. It is like a small object casting a big shadow. The mist and fog could be the main reason."

Abhijeet Kabad

'Veteran' burglar in police net

Subramanyapura police have arrested a man accused of burglary at a house that was locked as the owner was away for the Amarnath Yatra with his family. Half a kg of gold and millions of rupees were stolen from the house. Later, the family lodged a complaint with the Subramanyapura police regarding the theft.

After registering a case and starting an investigation, notorious house thief Vadivelu Ramaswamy, 45, fell into the trap of the police. He has been involved in house burglary for 25 consecutive years.

The accused Ramaswamy alias Vadivelu Ramaswamy, originally from Chikkalasandra, has been arrested many times in the past for committing gang crimes. He later went to Tamil Nadu.

After returning to the city, he started the burglaries. His main target was locked houses. He had spotted this particular locked house and stolen the gold ornaments and cash. After his arrest, gold jewellery worth Rs 30 lakh has been seized from him. **BMB**

Man drinks acid accidentally, dies

A man died after accidentally consuming acid in an inebriated state in Chamarajanagar, sources said on Tuesday. The incident had taken place in Mulluru village of Kollegal taluk. According to police, Siddaraju (40) drank acid used for toilet cleaning mistaking it for drinking water on Sunday.

When his family found him writhing in pain and screaming of help, they rushed him to a hospital along with the villagers. However, Siddaraju succumbed to internal injuries at the hospital the next day. An investigation is underway. **IANS**

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Five dead amid heavy rain in K'taka, cities inundated

Affected regions are on high alert, holiday for schools and colleges on Tuesday

Five people have lost their lives due to rain-related tragedies in different regions of Karnataka as heavy rain threw life out of gear and flood water inundated the residential areas of Kushalnagar and Belagavi cities.

More than 10 districts of the state have been affected by the heavy rain. Mallappa Sharanappa Karepanor (25) was washed away while crossing a stream. He was a resident of Dhannura (R) village in Basavakalyan Taluk in Bidar district, and the search is still on. Manjunatha Basavaraja Anandi (27) was washed away in the Tungabhadra River while trying to clean his hands on the banks. The incident took place near Makanuru village in Ranebennur taluk of Haveri district.

Basamma (40), a resident of Biral (B) village in Jewargi taluk of Kalaburagi district died on the spot after a house collapsed due to incessant rain. Meanwhile, Manikantha Manjunatha Naik (17) was washed away while attempting to swim in the Ramatheertha River near Honnavar in Uttara Kannada district. Sharat Kumar (23) died while watching the Arasinagundi waterfall in Udupi district.

The video of the youth losing his balance and being taken away by the river went viral. The authorities are still searching for his body. All these incidents have taken place in the last 24 hours. The authorities had warned the people not to go near water bodies which are flowing above danger levels.

Due to heavy rainfall in the Kaveri catchment area, water has inundated the Sai locality in Kushalnagar city in Kodagu district as additional water from the Harangi dam was released. The people have been shifted to safer places. The Kodagu district has received 118 mm of rainfall in the last 24 hours.

Tuesday was a day of continuous rain in Bengaluru — heavy sometimes and a relentless slow drizzle at others

CM & team to tour rain-hit districts

As torrential rains continue to batter many parts of Karnataka hampering normal life, Chief Minister Siddaramaiah on Tuesday said that he along with his Cabinet colleagues, will be touring different parts of the state in teams to assess the situation.

The Chief Minister has called for a meeting with Deputy Commissioners of all districts and Zilla Panchayat CEOs on Wednesday evening via video conferencing to evaluate the weather conditions and crop status of the state.

"There has been rain in many places across the state. In June there was deficit rain, but in July it is slightly above normal," Siddaramaiah said.

Speaking to reporters here, he said he will review the situation in the Haveri district today and added that he and the other Ministers will be touring in teams in districts, which have received heavy rains and there was flooding, in the days to come.

"I will go to Udupi, Mangaluru (Dakshina Kannada), Uttara Kannada and other districts. Krishna Byre Gowda (Revenue Minister) has gone to Kodagu, N Cheluvarayaswamy (Agriculture Minister) is accompanying me to these districts," he added.

Responding to a question on reports that money is being collected from women during the registration for the "Gruha Lakshmi" scheme, which promises Rs 2000 per month to women head of the family, Siddaramaiah said, it is free for everyone, and if anyone is collecting money and if there is evidence for it, a criminal case will be booked against them. **PTI**

The authorities have declared a holiday for the schools and colleges on Tuesday. A family of six persons had a miraculous escape as they managed to come out of their house moments before it collapsed. The incident was reported from Vijayapura colony near Mulki in Dakshina Kannada district. The rain was lashing Shivamogga and Chikkamagaluru districts.

Karnataka Revenue Minister Krishna Byre Gowda on Monday stated a high alert. He further stated that he will take up the tour in the state to assess the situation due to rainfall. "We are in constant touch with all district authorities and getting information on the rainfall. They need to be on high alert mode in the coming week. The north Karnataka districts of Bidar, Yadgir, Vijayapura, and Kalaburagi will also receive additional rainfall," he said. **IANS**

Carmeleram ROB: Work has finally begun

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Work on the Carmeleram Rail Overbridge (ROB) has begun, showing promising progress towards alleviating traffic congestion in the area. Pillar work, with an expected width of 7.5 metres, aims to eliminate the massive traffic pile-ups caused by the junction during train crossings, providing much-needed relief to commuters and enabling smoother movement of traffic.

Clement Jayakumar, Secretary of Mahadevapura Task Force (Mobility), told Bangalore Mirror, "Work has started on the project. The junction level crossing has been closed. As of now, the foundation work for the two pillars has been successfully completed. We have given a timeline of 1.5 years."

The project is estimated to be completed within 18 months. However, officials say that some delays can be expected.

"Delays could be there due to utility shifting. During the initial project assessment, underground utilities such as GAIL gas connections and other public utilities have caused delays due to interdepartmental coordination," he added.

The Carmelaram LC 132 sees commuters primarily from Gunjur, Sarjapur Road, Outer Ring Road and Varthur. The stalled project approved in 2020 will play a vital role in the decongestion of the area.

LC 132 was closed for the commencement of the project in June. A board was erected instructing commuters to use the CDP road. Commuter traffic is being diverted to the new CDP road connecting Gunjur to Sarjapur main road. The entire project is estimated to be Rs 40 crore and the Railways will bear Rs 11.26 crore under the Rashtriya Rail Sanraksha Kosh.

The remaining will be borne by BBMP to address land acquisition issues. Palike is yet waiting to receive permission on the Sarjapura roadside and has only commenced on the Gunjur side.

As construction starts, nearby apartments worry about hassles due to construction work. "I live in an apartment near the ROB and we are concerned about the hiccups associated with the construction.

There will be a lot of transport of pillars and other such materials. Additionally, all the traffic from Carmelaram railway crossing has shifted to CDP road," said a resident.

2.4 magnitude earthquake felt in Vijayapura district

A 2.4 magnitude earthquake was felt in the Basavana Bagewadi taluk region of Vijayapura district on Tuesday. Panic gripped the people as the area was battered by heavy and incessant rain and floods.

According to the Karnataka State Natural Disaster Monitoring Committee (KSNDMC), the earthquake of a lighter magnitude of 2.4 occurred at 9:55 a.m.

The epicentre of the earthquake was 2.9 kilometres southeast of Managuli in Basavana Bagewadi taluk. The statement further stated that according to the Seismic Intensity Map, the intensity observed is very low and the tremor was felt up to a radial distance of 15 to 20 kilometres from the epicentre. **IANS**

Bommai dismisses allegations

Senior BJP leader Basavaraj Bommai on Tuesday alleged that Deputy Chief Minister D K Shivakumar's allegations regarding a conspiracy being hatched overseas by some BJP and JD(S) leaders to destabilise the government are aimed at deflecting public attention from the discontent brewing within the ruling party. On Monday, Shivakumar claimed that a plot was being hatched in Singapore to topple the Congress-led government in Karnataka. However, Bommai, the former chief minister, categorically denied any involvement of BJP leaders in such activities aimed at destabilising the government.

Bommai said, "No BJP leader has indulged in any such activity (to topple the government). There is no need for it. The government has a full majority, let them give good administration." **PTI**

Med college fees to go up by 10 per cent

Studying MBBS is more expensive as the State Government has approved a 10% fee hike for medical courses in private unaided medical colleges for the next academic year beginning shortly. This comes in the wake of a 10% increase in engineering course fees. However, the government has clarified that there will be no fee increase for government colleges. As per the current fee structure, the fee structure in government medical colleges is Rs 59,850 while the management quota fee will be Rs 10.80 lakh. On the other hand, the government engineering college fee is Rs 38,200, while the private engineering college fee via CET will be Rs 91,796. 10 % of this engineering fee will be hiked. Official notification is pending.

Harmanpreet suspended for 2 matches
International Cricket Council (ICC) has suspended India women's team skipper, Harmanpreet Kaur, for two international matches after she was found guilty of two separate breaches of the ICC Code of Conduct

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Manipur partially removes ban on broadband internet

Mobile internet remains suspended in strife-torn state

#Imphal

The Manipur government on Tuesday lifted the suspension on broadband internet conditionally in a "liberalised manner", nearly three months after it was banned due to the ethnic violence in the state.

However, mobile internet will remain suspended, the Home Department said in a notification.

It said the suspension on broadband internet has been lifted, subject to fulfilment of several terms and conditions. "Connection will be only through static IP and that the subscriber concerned shall not accept any other connection other than allowed for the time being [TSP/ISP shall be held responsible for non-compliance of this condition]," it said. "No Wifi Hotspots shall be allowed from any of the routers and systems using the connection at any cost by the subscriber concerned," it said.

Displaced children with volunteers at an relief camp for children whose parents are guarding their villages, at Lamsang in Imphal

The order said that blocking of social media websites and VPNs at the local level must be ensured by the subscribers, and log-in IDs and passwords must be changed on a daily basis. In case of any violation, the subscribers will be punished as per laws, it said.

The government took the decision, considering the suffering of the people as the internet ban affected offices and institutions, and people working from home, besides mobile recharge, LPG cylinder booking, payment of electricity bills, and other online services, the order said.

However, mobile internet will remain suspended as there are still apprehensions about the spread of disinformation and rumours through various social media platforms, besides sending of bulk SMS for mobilisation of mobs, which can cause loss of life or damage to property.

The order said Director-General of Police Rajiv Singh reported on Monday that there are "still reports of incidents of violence, attacking and arson of houses and premises, including exchange of firing".

A viral video from May 4 of two women being paraded naked by a mob renewed the national attention on Manipur, where violence broke out nearly three months ago, killing over 160 people since then, and injuring hundreds. The violence erupted on May 3 after a 'Tribal Solidarity March' was organised in the hill districts to protest against the Meitei community's demand for Scheduled Tribe (ST) status. Meiteis account for about 53 per cent of Manipur's population and live mostly in the Imphal Valley, while tribals, which include Nagas and Kukis, constitute 40 per cent and reside mainly in the hill districts. **– PTI**

Can Fin Homes staffers commit ₹38-crore fraud

#New Delhi

The internal team of Can Fin Homes has found that employees of Ambala branch of the Company have committed fraud over a period of time by transfer of funds to different personal bank accounts by misusing the cheque signing authority.

The nature of fraud has been defined as misappropriation of funds. The estimated impact is a one-time impact on the profitability to the extent of the amount misappropriated but no impact on assets/asset quality. The fraud was committed over a period of time and was detected on July 24, 2023.

The persons involved in the fraud are Vishal Saxena, Vivek Bhagat, Deepak Gupta, the company said.

The estimated amount involved is Rs 38.53 crore. Can Fin Homes said an FIR has been lodged with the jurisdictional police. Necessary reports will be submitted to appropriate authorities within the prescribed timelines. Based on a summary verification, the incident is found to be isolated to the said branch only. The stock closed down by 4.4 per cent at Rs 850 on BSE. Can Fin Homes Ltd is a Housing Finance Company promoted by Canara Bank, in 1987. **– IANS**

Bribery: CBI arrests Rlys Dy Chief Engineer, NHAI DGM

#New Delhi

The CBI has arrested a Deputy Chief Engineer of Railways, Deputy General Manager of National Highways Authority of India and three others in connection with a bribery case, officials said Tuesday. Deputy Chief Engineer of West Central Railways Sanjay Kumar Nigam, posted at Habibganj, Bhopal and NHAI DGM Ram Rao Dadhe, posted in Katni, for allegedly demanding bribes from a private firm Shreeji Infrastructure India Pvt. Ltd. engaged in road infrastructure projects in Madhya Pradesh which includes widening of National Highway 30 and construction of railways over bridge.

It is alleged that Dadhe was demanding Rs 1 lakh bribe for Nigam for settling the pending matters related to approval of the design and permission for beginning work, passing of due bills of the said contractor, they said.

The agency laid a trap during which Rakesh Chowksey, a technician posted in the divisional office of West Central Railways, was arrested taking the bribe of Rs 50,000 from General Manager of Shreeji Infrastructure India Pvt Ltd Ram Sanjivan Pal along with another employee Narayan Das, they said. "A trap was laid in which the technician of divisional office, WCR Bhopal and the Employee (GM) of the private company based in Jabalpur, were caught while exchanging the alleged bribe of Rs 50,000," a CBI spokesperson said. Later, three other accused -- the Deputy Chief Engineer WCR; DGM & Project Director of NHAI and another Employee of the Jabalpur-based private company -- were also caught, he said.

The agency said searches were conducted at 13 places in Bhopal, Jabalpur, Katni, Chindwara, Indore, Rewa on premises of the accused which led to recovery of incriminating documents including those related to property. "Rs 5.35 lakh (approx.) in cash and 149 gm (approx.) gold jewellery were recovered from the residence of Deputy Chief Engineer, WCR and 600 gm (approx.) of gold ornaments and 200 gm silver were also recovered from the premises of DGM, NHAI," he said. **– PTI**

Wading time

People help Metro commuters to cross a road inundated with flood water following heavy rain, at Malakpet in Hyderabad on Tuesday

Moon-bound Chandrayaan-3 gets farther from the earth on voyage

#Chennai

India's moon-bound spacecraft, Chandrayaan-3, travelled further towards its destination with the Indian space agency on Tuesday raising its orbit further for the fifth time. On August 1, the Chandrayaan-3 will take the 'moon spaceway' when the Indian Space Research Organisation (ISRO) will guide it to the TransLunar Injection (TLI).

On Tuesday, the ISRO said: "The orbit-raising maneuver (Earth-bound perigee firing) is performed successfully from ISTRAC/ISRO, Bengaluru. The spacecraft is expected to attain an orbit of 127609 km x 236 km. The achieved orbit will be confirmed after the observations." "The next firing, the TransLunar Injection (TLI), is planned for August 1, 2023, between 12 midnight and 1 am IST," the ISRO said.

The Chandrayaan-3 spacecraft was put into orbit on July 15, in a copybook style by India's heavy lift rocket LVM3. On the same day, the first orbit raising was done and the second orbit raising was carried out on July 17. The Chandrayaan-3 spacecraft comprises a propulsion module (weighing 2,148 kg), a lander (1,723.89 kg), and a rover (26 kg), the ISRO said. The main object of the mission is to safely land the lander on the lunar soil. The lander will get separated from the propulsion module a couple of days after it enters lunar orbit and is expected to make a soft-landing near the South Pole of the moon at 5.47 p.m. on August 23.

File photo of Chandrayaan-3 after it was launched from the Satish Dhawan Space Centre in Sriharikota, on July 14

The lander will descend to the moon from a height of about 100 km from the moon's surface. The soft landing is a tricky issue as it involves a series of complex manoeuvres. Imaging of the landing site region prior to landing will be done for finding safe and hazard-free zones. Subsequent to the soft landing, the six-wheeled rover will roll out and carry out experiments on the lunar surface for a period of one lunar day which is equal to 14 Earth days. **– IANS**

Residential buildings being commercialised

CONTINUED FROM PAGE 1

pedestrians. BBMP authorities must act tough against those responsible for encroachment of footpaths," said Ramesh K, a resident.

The residents complain against the BBMP engineer for not taking measures to clear the encroachment of the footpath in front of the BBMP Ward Office.

"We don't have any breathing space. We can't step out as we don't have a footpath or road to walk, all places have been occupied by commercial buildings with their materials and basement parking converted to commercial parking. We are safe if this is taken care of and then a vending zone is given to street vendors," said Rekha, a resident.

KAUSHIK JN

Discussed, dismissed

It is not that the residents have not brought this to the notice of the BBMP or not discussed it during the ward committee meetings. They said that despite taht nothing has been done by the BBMP to mitigate residents' woes. "We have raised the footpath issue during the ward committee meeting.

The Nodal Officer has done nothing till date except giving us assurances. He told us that the BBMP did not give permission for converting residential buildings into commercial buildings. I do not know why the BBMP is silent on the brazen commercialisation of residential buildings in this area," said a resident pleading anonymity.

If the condition of the footpath that was developed six months ago is any indication, there is no need for anyone to think hard to understand the commitment and dedication of the BBMP to ensure quality in developmental work.

The paver blocks on the footpath in front of a supermarket, are loosened due to substandard work done by the contractor.

"I have been a resident of AECS Layout for 30 years. The layout has never gone this bad and day by day, it is deteriorating. The main problem is that we don't have a footpath. We literally have no footpath at a continuous stretch of 10 metres. The roads have everything except footpaths for pedestrians. Pedestrians are compelled to walk on the road which is occupied by vehicles parked haphazardly. Senior citizens and children are not comfortable going out for walks due to lack of footpaths," said Srija Madhavan, a resident.

Meanwhile, Doddanekkundi Ward Nodal Officer Rachappa said that he has already informed the BBMP ward engineer to look into the matter.

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CHANGE OF NAME

I, Yuvanshie Megha Rajput, D/O Megha Rangaswamy Gowda and Manish Rajkumar Rajput residing at # 22, 5th Cross, Gopi farm road, Behind Bethesda Church, Bangalore 560060, have changed my name to Yuvanshie Gowda Rajput for all future purposes.

I, Chaitra S R, W/o Arun Kumar resident of No.C-008,R N S Shanti Nivas, Tumkur Road,Next to R, N S Motors, Yeshwanthpura, North Bangalore-560022, Karnataka have change our minor son name from SAMARTH GANJGATTI to SAMARTHA GANJGATTI affidavit dt: 25.07.2023 before notary Renuka. C, B.lore.

I, Radhagobinda Mondal Residing at no.16, 10th Cross, Vasanthnagar, Bangalore-560001 have changed my father name from SHYAMAL KUMAR MONDAL to SHYAMAL MONDAL vide affidavit dated 24.05.2023 Sworn before notary: V.Anjanappa, Bangalore

I Ishaan yogesh S/o Yogesh Basavani Suresh R/o #10 Apoorva, 1st floor, A cross, opposite to NHVPS, ideal homes, rajarajeshwari Bangalore have changed my name from Eshaan BY to ISHAAN YOGESH for all future purposes

I, PRASANTAN KUMAR SAHOO R/at No.23, 2nd Cross, JJR Nagar, Chamarajpet, Bangalore- 560026, have changed my name to ASLAM PASHA vide affidavit dated: 25/7/2023 Before Notary H.S.Sakalesh Aradhya Bangalore.

I, LEELA M W/o Pandyan K (Daughter of Muniswamy) resident of No.75, 14th A Main road, JC Nagar, Kurubarahalli, Mahalakshmipuram layout, Bangalore-560086 have changed my name to NITHYA M affidavit dt: 25.07.2023 before notary Renuka. C, B.lore.

I, B Lingraju s/o B Basavaraju R/o # 869, 2nd Floor, 9th Cross, Jnanabharathi Layout, 1st Block, R V College Post, Bengaluru-560059, have Changed my Name to B Lingaraju for all Purposes.

I Madeeha Manzoor D/o Manzoor Ahmed R/o No 20/1 3rd Cross Vinayakanagar Extension Old Guddadahalli Mysore Road Bangalore 26 have changed my name to Madiha Manzoor for all purposes

I, Athulya Anil Pillai D/o Anil Pillai Chandrasekhar R/o A 55, Bearys Anugraha, No.18, Patel H. Ramaiah main road, K.S.F.C layout, Lingarajapuram, Bengaluru- 560084, have changed my name to Athulya Pillai for all purposes.

I, PHILLOMINA W/o Anthoni Swamy R/at NO.481, 11th Cross, Chandra Layout, Arundati Nagar, Bangalore-560039 have changed my name to RANIYAMMA vide affidavit dated: 17/7/2023 Before Notary M.K.Devaki Bagalore.

I Rajeshkumar Singh S/O Ashokkumar Singh R/O Channasandra, Bengaluru have changed my son name from Avyukt Singh to Vedant Singh vide Affidavit IN-KA35858135682052V dated 24-Jul-2023 for all future purposes

I, Asha Arani Nagaraj W/o, Janardhan.K.C R/o No 01 , Kempegowda Main Road, Dasarahalli, Bengaluru 560024 have changed my name to Asha Rani Nagaraj for all purposes.

I Mussabbiha Manzoor Ahmed D/o Manzoor Ahmed R/o No 20/1 3rd Cross Vinayakanagar Extension Old Guddadahalli Mysore Road Bangalore 26 have changed my name to Mussabbiha Manzoor for all purposes

I, Dildeep Singh Laxman Singh Rajpurohit R/o # 142, ANE 3rd Main, 6th Cross, Nisaraga Layout, Jigani, Bannerghatta, Bengaluru-560083 have Changed my Name to Dildeep Singh for all Purposes.

I, Madhuri Pawar W/o, Ameya Dilip Pawar R/o G03, block B5, elita Promenade,J P Nagar Phase 7, Bengaluru 560078 have changed my name to Madhuri Ameya Pawar for all purposes.

I Thatha Chennavenkataramaniyah Sathyanarayana Murthy Also Known As Murali R/o No 820 3rd Floor 1st Cross D Group Layout, Srigandadakaval, Nagarabhavi, B'luru-560091 have changed my name to Thatha Ramalingasetty Sathyanarayana for all purposes.

LOST & FOUND

LOST: I, E.C VIDYASAGAR S/o Late. N.S Kenga Ramaiah R/at No.73/1, Krishnappa Layout, Nagashettyhalli, RMV 2nd Stage, Bangalore, here by declare that my original sale deed Document No.BLN-1-15670-2004-05, Registered in the Sub Register Office Bangalore North Dt:06.07.2004, Site No.213, Katha No.1713, Block No.04, Bangalore City, Bangalore North Taluk, Yeshwanthpur Hobli, Herohalli Village, Bangalore North Taluk, East-West: 40 Feet and North-South: 30 Feet Total Measuring 1200 Feet, has lost at P.S Crime Branch Delhi, Date: 28.04.2023, regarding this I lodged a police complaint Report LR No.388958 /2023, If anybody found pls contact 9873264644 or handover to the near by police station.

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HEALTH TIP: Out-of-season produce is often forcegrown, picked early and put into cold storage before it has the time to fully develop its nutritional potential

Cucumbers are very low in calories but high in nutrients like vitamins K, B and antioxidants

BangaloreMirror 9
Wednesday, July 26, 2023
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STYLE MANTRA

Cheat codes to elevate basic looks to chic ensembles

Are you tired of your everyday outfits following the same trends? The Monday blues and the "Wednesday we wear Pink" routine can become monotonous. We all find ourselves asking, "What should I wear tomorrow?" or "Do I need to go shopping, again?"

Adding a touch of magic to our everyday attire while maintaining an effortless look is something we all desire. Unfortunately, our busy lives with tight schedules leave little time for meticulous fashion choices. However, fear not, as you are not alone in this fashion dilemma. Instead of revamping your entire wardrobe, why not explore your jewellery casket?

Enter the world of demi-fine jewellery, a game-changer in creative outfit styling. Whether you're donning a bossin'-it-at-work attire or a casual no-work-brunch outfit, these gold-laden demi-fine accessories know how to make a statement as your daily essentials.

IANSlife caught up with Pallavi Mohadikar, the Co-Founder and CEO, of Palmonas, an international jewellery brand, to get some must-have fashion cheat codes that will elevate your basic looks to chic ensembles.

Read on... Break the Monochrome: Break free from the mundane monotony of monochrome by adding splashes of gold. Style your outfits with chunky earrings or fancy golden bracelets to act as a colour block.

Style Guide: pair a neutral-coloured outfit, such as black-on-black, with dazzling earrings and a few rings to create an extravagant yet classy look.

The Highlighter Effect: Accessorisation is a powerful weapon when it comes to highlighting your best features. Experiment with different jewellery pieces to accentuate your unique attributes and achieve a stylish, cheeky look.

Style Guide: Pair a turtleneck top with a delicate necklace and studs while sporting a sleek high-top ponytail. This combination creates a sleek appearance for your neck and torso. Similarly, a V-neck top complements a layered neckpiece, creating the illusion of an elongated figure.

Mix and Match: Don't be afraid to play with various lengths and designs of your accessories. Group necklaces of different lengths to give your ensemble a touch of panache. Alternatively, mix and match different jewellery designs to curate your own collection of unique objet d'art.

Style Guide: For a breezy brunch date, experiment by wearing studs on one ear and dazzling earrings on the other. Combine lightweight chains of varying lengths with a pendant charm to accompany button-downs, ribbed tank tops, or even a camisole.

The Showstopper: Reverse your approach to styling by choosing a single piece of jewellery as the showstopper of your outfit. Once you have selected this statement piece, focus your attention on the clothes that will complement it.

Style Guide: Select a bold-gold statement necklace to grace your saree or pair shoulder duster earrings with square necklines or backless outfits.

Strike the Balance: Artisans meticulously design jewellery while keeping the principles of design in mind. To achieve maximum aesthetic impact, by being mindful of how your jewellery interacts with your attire.

Style Guide: Pair a long flare dress with minimalist studs and a delicate bracelet to strike the perfect balance.

"Don't let your wardrobe be the sole focus of your style transformation; let your jewellery shine and make a bold statement. With a touch of gold, you can add the perfect amount of elegance, charm, and sophistication to any outfit, ensuring that you look and feel your best every day," concludes Pallavi Mohadikar.

—IANS

MIRRORLIGHTS

Fat, muscle loss in infections explained

T cells, or body cells involved in immune responses, are responsible for causing fat and muscle loss during infection, new research in mice has revealed.

Fat and muscle loss, a process called wasting, were brought about by different groups of immune cells, researchers from the Salk Institute for Biological Studies, California, US, found.

Further, they found, while muscle loss helped the mice fight and survive infection, fat loss had no impact on the mice's ability to fight or survive infection.

While wasting is known to coincide with higher mortality rates, wasting may help manage illness, according to the researchers.

The findings, published in the journal Cell Reports, help understand how wasting influences survival and morbidity across infections, cancers, chronic illnesses, and more and could better inform therapeutic interventions to avoid wasting in patients.

For the study, the researchers were interested in examining the activity of CD4+ and CD8+ T cells. CD4+ T cells lead the fight against infection and promote the activity of CD8+ T cells, which kill invaders and cancerous cells.

Given that these groups of T cells often work together, their combined activity was hypothesised to contribute to wasting.

The researchers infected the mice with the parasite T. brucei, known to live in fat and be capable of blocking adaptive immune response cells, including T cells, so as to understand how T cells mediate fat loss.

They found that acting first, CD4+ T cells initiated the process

of fat wasting. This was followed by, yet independent of fat wasting, CD8+ T cells initiating muscle wasting.

They then found that fat wasting, induced by CD4+ T cells, had no impact on the mice's ability to fight the T. brucei infection. However, CD8+ T cell-induced muscle wasting was found to help the mice fight T. brucei and survive the infection.

"Our discoveries were so surprising that there were times I wondered if we did something wrong," said first author Samuel Redford, a current visiting researcher at the institute.

"We had striking results that mice with fully functioning immune systems and mice without CD4+ T cells lived the same amount of time – meaning, those CD4+ T cells and the fat wasting they caused were completely disposable in fighting the parasite. And beyond that, we found that normally cooperative T cell subtypes were working totally independently of one another."

The team in future intends to study T cell mechanisms in other mammals and, eventually, in humans.

— PTI

All you need to know about...

Gut health and HIV

Slowing HIV progression
Restoring and improving gut health may be key to slowing HIV progression to AIDS, according to a study conducted in monkeys.

Ineffective method
The research, published in the journal JCI Insight, shows that tackling only systemic immune activation -- a strong predictor of progression of human immunodeficiency virus type 1 (HIV-1) disease -- and inflammation when attempting to control disease progression and comorbidities is not effective.

Focus on healing the gut
The study performed with simian immunodeficiency virus (SIV), the monkey form of HIV, found that treatments should target the root cause of those problems and focus on healing the gut.

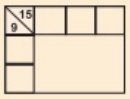
Misplaced focus
The hallmark of HIV infection is the hijacking of immune cells called "helper T cells" to make copies of the virus. Scientists have focused on treatments that stop this replication process. However, virus suppression only "calmed" immune activation and inflammation but did not restore them to pre-infection levels.

Gut, immediate target
For decades, scientists have also known that the gut is an immediate target of HIV. Within weeks of infection, the virus depletes the vast majority of immune cells in the intestines that are the depository of immunologic memory and protect the gut against invading pathogens. When these cells are destroyed, the intestinal lining gets damaged, and gut flora enter the bloodstream. People with the fastest progressing HIV have less healthy gut microbiomes and more intestinal lesions. But, past thinking was that calming immune activation and stopping HIV replication was key to controlling disease progression, and that gut health was a sideshow.

—PTI

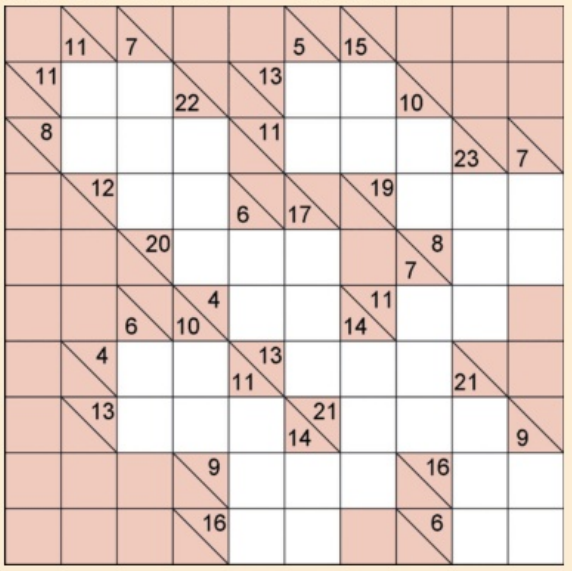
Kakuro

The numbers in the grey squares refer to the sums of the digits that you must fill into the empty spaces directly below or to the right of the grey square containing the number. For instance, in the given example, the 3 boxes horizontally next to 15 must contain 3 digits that add up to 15, whereas

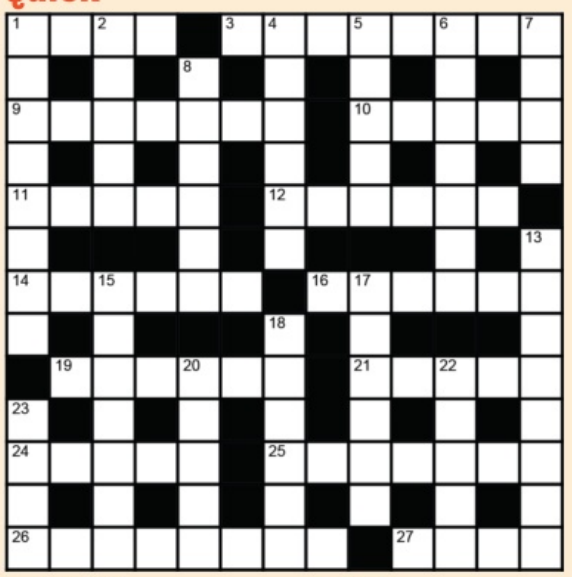


for 9, it is the 2 boxes placed vertically under it that must add up to 9. No zeros are used here, only the digits 1 through 9.

Note: A digit cannot appear more than once in any particular digit combination. For instance, in the example, we cannot have the combination of 4+7+4 for 15.



Quick



ACROSS

1 Money owed (4)
3 City in Saurashtra (8)
9 Where three rivers meet in Karnataka (7)
10 Twelfth Night heroine (5)
11 Burst forth (5)
12 Twelfths of a foot (6)
14 Cheap-jack (6)
16 Capital of Maharashtra (6)
19 __ __ nothing : be ruthless? (4,2)
21 Old form of yours (5)
24 Belief system (5)
25 Ready and ____? (7)
26 Temporarily puts a stop to (8)
27 In the company of or in the middle of (4)

DOWN

1 Downward movements (8)
2 African tribal group (5)
4 Slanting typeface (6)
5 Mayhem (5)
6 Aphorism (7)
7 Raise (4)
8 Playful repartee (6)
13 Took a different path (8)
15 Dries up and wilts (7)
17 Incalculable (6)
18 Boiled slowly (6)
20 Lying flat (5)
22 Turn of phrase (5)
23 Deeds (4)

Quoteuncode

This puzzle is a substitution cipher in which one letter stands for another. If you think that Q equals C, it will equal C throughout the puzzle. Single letters, short words and words using an apostrophe give you clues to locating vowels. Solution is by trial and error.

Today's CLUE: G EQUALS D

XAQP LVFKAQV K DKY UKFIQ PJV AQV ZR JNQ VCVQ GZVQY'P DVKY JV UKFIQ SNQNZY.

Linemaro

I don't wanna need you coz I can't have you

Mindchow

Do not seek to follow in the footsteps of the wise. Instead, seek what they sought

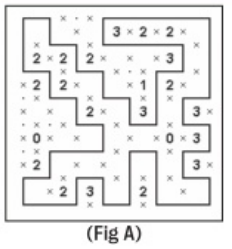
Joke of the day

Waiter, this soup tastes funny. Then why aren't you laughing?

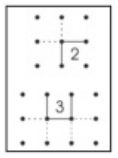
Loop

Rules

» Connect adjacent dots with vertical or horizontal lines, creating a single loop (Fig A). » Crossovers or branches are not allowed (As shown by dotted lines in Fig B). » Numbers in the puzzle indicate the number of lines that should surround it, while empty cells may be surrounded by any number of lines. » You can't draw lines around zeros. » Each puzzle has just one unique solution.



(Fig A)

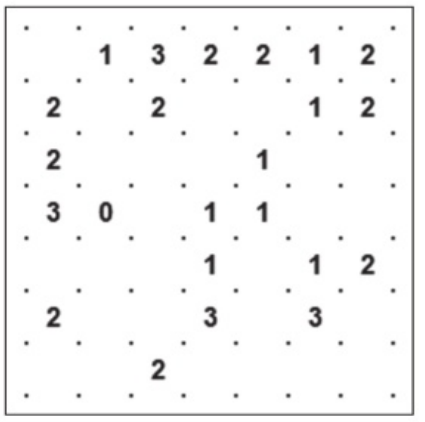


(Fig B) Not Allowed

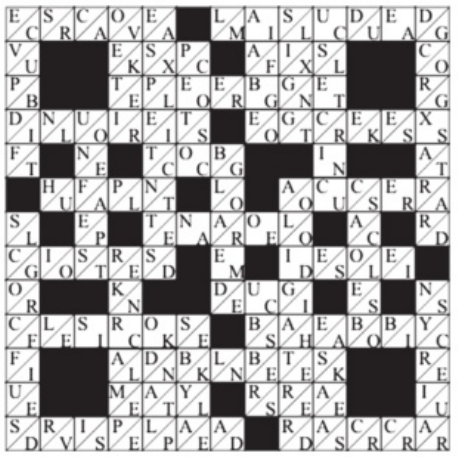
How to begin:

Example (Fig A) – Begin with the zero next to 3. Since no lines can be drawn around zero, mark crosses around it, as shown. Now there is a cross in one space around 3. So we know the three lines of 3 can only be drawn in the remaining three spaces. Next, these lines can only be extended in one direction each. Continue, using the same logic.

Hints: Keep eliminating possibilities by marking crosses in spaces between dots where a line isn't possible, i.e., if you have already completed required lines or where a line extension may create a branch or cause a dead-end (Fig B)



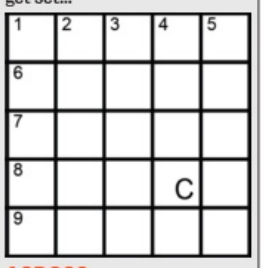
Strikeout



This crossword has no clues and the answer is there waiting for you. All you have to do is find it in each square. You have a choice of two letters, one of which you must strike out. If you choose correctly, you will be left with a grid that contains real words.

Fast five

How long do you think it will take you to unscramble the ten words shown below and fit them correctly into the grid in the order given one letter has already been entered to get you started? on your marks, get set...



ACROSS

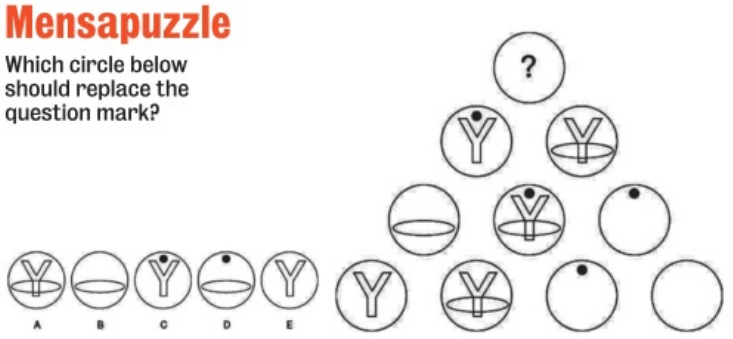
1 Gel at; 6 Rayed; 7 E nerd; 8 Cee Pl; 9 Stint

DOWN

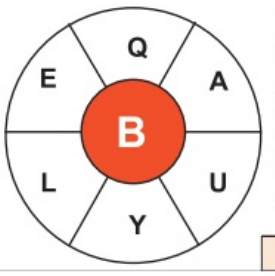
1 Taped; 2 ie Gin; 3 Eland; 4 Crete; 5 Treys

Mensapuzzle

Which circle below should replace the question mark?



Bull's eye



How many words of four or more letters can you make from the letters shown? Every word must contain the central letter. There should be one seven-letter word. British English Dictionary is used as a reference.

04 Average; 05 Good; 07 Outstanding

SudokuChallenge

						2		
	6		2					8
2	9				5	7	1	
6			4		7		9	
		5	1		3	8		
	7		8		9			2
	1	6	7				5	3
4					1		2	
		3						

To solve a Sudoku puzzle, every digit from one to nine must appear in each of the nine vertical columns, in each of the nine horizontal rows and in each of the nine boxes.

Gofigure

Place the four numbers in the first, third, fifth, and seventh boxes and whatever operators you care to use in the second, fourth, and sixth boxes in the correct order to get the answer. Use the numbers only once.

Easy = 4

2 7 8 9

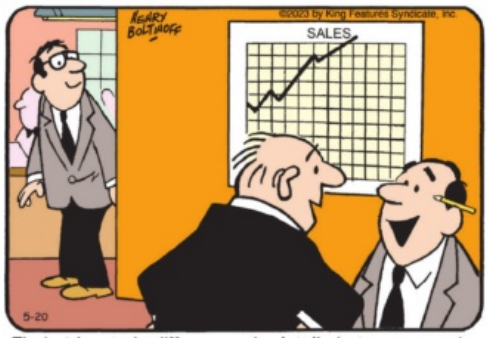
Medium = 22

4 6 7 9

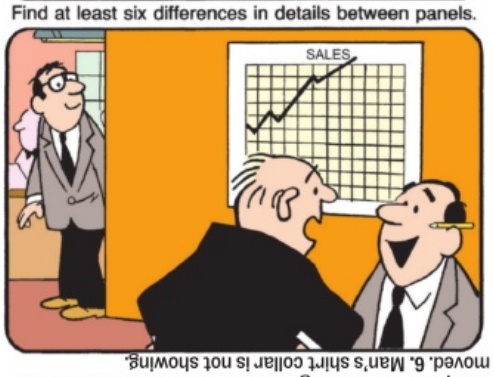
Hard = 15

1 4 9 3

Hocusfocus



Find at least six differences in details between panels.



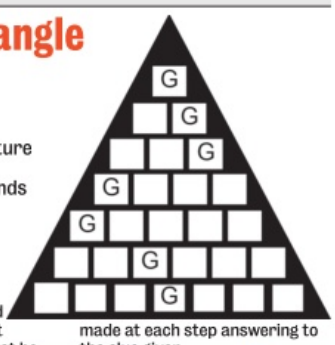
Differences: 1. Wall is wider. 2. Nose is smaller. 3. Lapel is not showing. 4. Mouth is different. 5. Pencil is moved. 6. Man's shirt collar is not showing.

Riddler

Catherine the Great had 9 tales to tell, If the tin roof is hot, she'll offer a yell. Her brother is Tom, and her sister's Siamese, She looks great in her boots, eating eaters of cheese. What is she?

Alpha triangle

1 Gravity, symbol
2 Silver symbol
3 Fall behind
4 Strong wind
5 Architectural feature
6 Croissant kin
7 Short-legged hounds



Beginning at the top move towards the bottom seven-letter word by adding a letter at each step and rearranging. A correct and different word must be made at each step answering to the clue given.

DIFFICULT TO SOLVE? FIND THESE SOLUTIONS ON THE NEXT PAGE

COMICS

Redeye by Mel Casson

HEY, MINNIE!
RUNNING DUCK! I HAVEN'T SEEN YOU IN 20 YEARS!
BY GOLLY, YOU'RE STILL AS BEAUTIFUL AS YOU WERE 20 YEARS AGO, MINNIE!
AND YOU'RE STILL IN POLITICS, I SEE
VOTING BOOTH
5-8

Bizarrotrip

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Dist. by King Features
Wayno & Piraro 5-18-23
You'll get the rest after you take a dive in the poetry slam.
RHYME SCHEME
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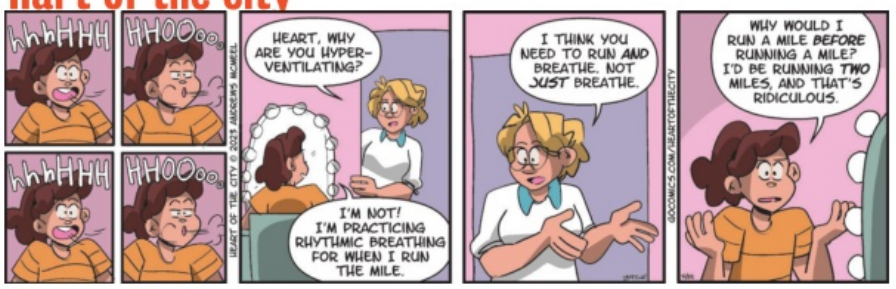
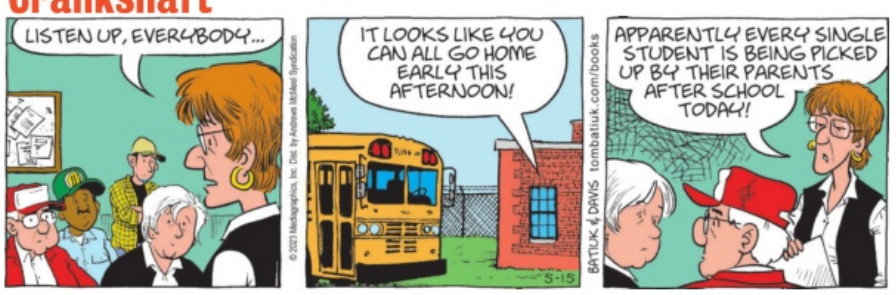
Diamond Lil

Hart of the city


hhhHHH
HHOOoo
HEART, WHY ARE YOU HYPER-VENTILATING?
I'M NOT! I'M PRACTICING RHYTHMIC BREATHING FOR WHEN I RUN THE MILE.
I THINK YOU NEED TO RUN AND BREATHE. NOT JUST BREATHE.
WHY WOULD I RUN A MILE BEFORE RUNNING A MILE? I'D BE RUNNING TWO MILES, AND THAT'S RIDICULOUS.
HEART OF THE CITY © 2023 ANDREWS MCMEEL
DOONICS.COM/HEARTOFTHECITY

Crankshaft


LISTEN UP, EVERYBODY...
IT LOOKS LIKE YOU CAN ALL GO HOME EARLY THIS AFTERNOON!
APPARENTLY EVERY SINGLE STUDENT IS BEING PICKED UP BY THEIR PARENTS AFTER SCHOOL TODAY!
BATIUK & DAVIS tombatiuk.com/books
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5-15

Mutts

WHAT YOUR STARS SAY TODAY

Aries Mar 21 – Apr 20
Today you are blessed by elders. Your patience becomes very good, your focus towards your work may be very good. Your parent's health is now good. You are likely to spend your time with elders. You may also meet some influential person, who may help you on the professional front. You may also enjoy your romantic moments, which may increase harmony in domestic life.

Taurus Apr 21 – May 20
Today you may be spiritual; you may help needy people around you. You also plan to donate some amount to charity or religious places. Your good karma may help you get success in your difficult projects. You may feel some divine power around you, which may help you in unpredictable situations. You may be attracted to the occult. Students are likely to enjoy studying in depth.

Gemini May 21 – Jun 21
Today you may feel dull; you may be a victim of hidden fear, which may make you scared. You are not in the situation to trust anyone. It is advised to do meditation, chant some prayer, which may help you to come out from this hypothetical situation. With the help of an elder's blessings around late evening, you may come out from this messy situation.

Cancer Jun 22 – July 23
Today you may be busy at work; your network may be increased and with the help of the network you are likely to get a big order in terms of business and work. You are likely to start innovation in partnership. You may get some investments in your business, which will increase your business in near future. Natives related to films, glamour, household stuff, interior will do better.

Leo Jul 24 – Aug 23
Today you may find yourself in a self analysis state, which will bring some confidence in you. Your focus towards your goals is now clear, you may get success to achieve your goal. Your creativity might improve and you will take interest in artifacts, movies, glamour, and real life objects. At the end of the day, you may be satisfied with your life. Your opponents may be under control now.

Virgo Aug 24 – Sep 23
Today you may help needy people around you. It will increase your reputation among your surroundings. New ideas may come into your mind; you are likely to help other people around you. You might implement innovation into the work, which may increase your business. Love birds may plan for outings or some adventure tour.

Libra Sep 24 – Oct 22
Today you may be dissatisfied; you have some sort of detachment for your responsibilities, which may make you confused. You may plan hypothetically for your projects. You are advised to be practical in your work to complete it on time. You may also be taking care of your parents. If you're planning to migrate somewhere, it is advised to postpone it for some days.

Scorpio Oct 23 – Nov 22
Today is a positive day for you; you may get success from your hard work on the professional and domestic front. You may have a good focus and you may complete your work on time, which can improve your self confidence. You may also expect some work related short trips, which may be beneficial in near future in terms of your network.

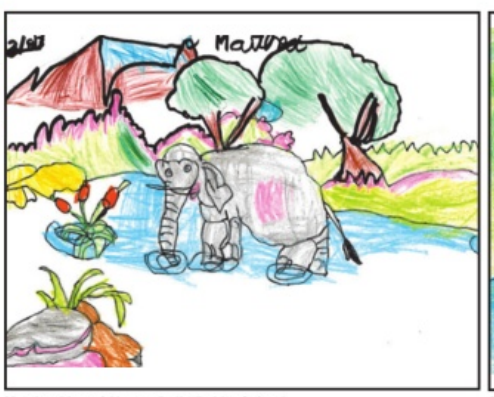
Sagittarius Nov 23 – Dec 22
Today you may be busy with domestic issues. You may spend money buying some artifacts or household stuff. You are advised to control spending on worthless stuff, otherwise it may attract negative energy in the house. You are also advised to control your harsh speaking with the people around you.

Capricorn Dec 23 – Jan 20
Today you may feel comfortable after a messy situation. Your vitality may help you to implement some difficult decisions in parental business, which may grow your parental business. You may help needy people around, which may increase your social respect. Students might be clear in choosing their career options.

Aquarius Jan 21 – Feb 19
Today you may feel dull; your health may not be good. You may also have anxiety and restlessness. You are advised to postpone your important investments in the business or real estate. You are advised to avoid rash driving. You should avoid long distance travelling also. You may do some meditation, it will be helpful in sound sleep.

Pisces Feb 20 – Mar 20
Today's blessing from elders' may make you happy. Your investments may give you profits. Loses are converted into profits now. Your savings may boost your bank balance. You may plan to invest for the kid's future also. You may also enjoy some delicious food at home. Your problems related to throat, teeth, ear or nose may be resolved now.

KIDZONE



Maithri Bhat, 6 Years, Delhi Public School

Sriee Samrutha M, 8 Years, Vincent Pallotti School

Kidzone, Bangalore Mirror, No. 74/2, Sanjana Plaza, 4th & 5th Floor, Elephant Rock Road, Jayanagar 3rd block, Bengaluru- 560 011;
Please send hard copies of your artwork in A4 size only.

SOLUTIONS

SOLVE IN 1M
√[4√[81]]
√[4*9]
√[36]
6

BULL'S EYE
able, ably, bale, beau, belay, blue, EQUABLY

STRIKE OUT

C	R	A	V	E	M	I	S	C	U	E	D			
U		E	X	P		A	I	L		O				
B		E	P	E	R	G	N	E		G				
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C		T		N		L		O		V		R		
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C	R	E	D	O		W	I	L	L	I	N	G		
S	A	N	K	L	E	T	S		S	H	A	B	B	Y
F	L	I	C	K	S		S	H	A	B	B	Y		
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	H	A	L	T		O		A	C	C	R	A		
T		N		C	O	B		I			T			
D	R	I	P	P	E	D		D	A	C	C	A		

FAST FIVE

A	G	L	E	T
D	E	A	R	Y
E	N	D	E	R
P	I	E	C	E
T	I	N	T	S

QUOTE UNCODE
Just because a man lacks the use of his eyes doesn't mean he lacks vision.

QUICK

D	E	B	T		M	I	T	H	A	P	U	R		
E		A		B		T		A		R		E		
S	A	N	G	A	M	A		V	I	O	L	A		
C		T		N		L		O		V		R		
E	R	U	P	T		I	N	C	H	E	S			
N		E		C				R		D				
T	A	W	D	R	Y		M	U	M	B	A	I		
S		I		S				N		S		V		
A		H		R	E		O			D		R		
C	R	E	D	O		W	I	L	L	I	N	G		
S	T	O	P	A	T		T	H	I	N	K			
	N		D	U	G		E		S					
C	I	T	E	D		E	I	S	L	E				
S		P	E	N	R	O	L		A	C	R			
	H	A	L	T		O		A	C	C	R	A		
T		N		C	O	B		I			T			
D	R	I	P	P	E	D		D	A	C	C	A		

MENSA PUZZLE
D. The lower circles' symbols combine to form the circle above, but similar symbols disappear

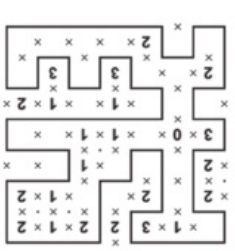
RIDDLER
A cat.

SUDOKU

1	3	4	9	7	8	2	6	5
5	6	7	2	1	4	9	3	8
2	9	8	6	3	5	7	1	4
6	8	2	4	5	7	3	9	1
9	4	5	1	2	3	8	7	6
3	7	1	8	6	9	5	4	2
8	1	6	7	9	2	4	5	3
4	5	9	3	8	1	6	2	7
7	2	3	5	4	6	1	8	9

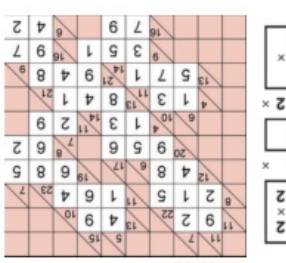
ALPHA TRIANGLE
G, AG, LAG, GALE, GABLE, BAGELS, BEAGLES.

LOOP



GO FIGURE
Easy
7 – 9 – 2 + 8 = 4
Medium
6 x 4 + 7 – 9 = 22
Hard
9 + 3 – 1 + 4 = 15

KAKURO



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SANDALWOOD SHOTS

Y MAHESWARA REDDY

Narasimharaju's birth centenary

Good news for fans of Tipaturu Ramaraju Narasimharaju, known as Hasya Chakravarthy (Emperor of Comedy), who ruled Sandalwood for 25 years from 1954 to 1979. Born on July 24, 1923, Narasimharaju has acted in more than 250 movies. Narasimharaju's family members have decided to organise programmes throughout the year as part of his birth centenary celebrations. An event was held at MMB Legacy on Monday.

"A team of eight theater artists will tour the state from August 18. The team will visit one district headquarters per day. Cultural programmes will be organised at each of the district headquarters from morning to evening. Programmes will be held to connect our grandfather with college students and the objective of these programmes is to create awareness among students about him. Cultural programmes will be held at an auditorium for one to one-and-half hours in the evening," said Avinash Diwakar, the grandson of late Narasimharaju.

He said drama competitions would be organised in eight districts such as Bengaluru, Mysuru, Mangaluru, Bijapur, Hubballi, Shivamogga, Davanagere, and Hassan for two days and inter-college competitions for four days. "Drama companies can participate in the competition," he said.

A festival of comedy movies is also scheduled to be held during the year.

GLOBAL STAGE

Radhika Madan-starrer to have Oz premier at film fest

Filmmaker Sudhanshu Saria's "Sanaa", starring Radhika Madan, will have its Australian premiere at the Indian Film Festival of Melbourne (IFFM) 2023.

Written and directed by Saria, the film has previously been screened at global festivals such as Shanghai International Film Festival (SIFF), Tallinn Black Nights Film Festival and Santa Barbara International Film Festival.

> It's been phenomenal taking 'Sanaa' to audiences in all parts of the world

Saria said he is proud that "Sanaa" has been accepted by the audience across the globe.

"It's been phenomenal taking 'Sanaa' to audiences in all parts of the world and we are all so excited to meet our audience in Melbourne. IFFM has a rich history of bringing pathbreaking cinema to Australia and we're proud Sanaa is included on that list this year," the director said in a statement.

"Sanaa", which revolves around an ambitious woman who is fighting an internal battle caused by unresolved trauma, also features Soham Shah, Shikha Talsania and Pooja Bhatt.

The 14th edition of IFFM is set to take place from August 11 to 20 and "promises to be a spectacular celebration of Indian cinema as well as culture, offering over 100 films in 20 languages, discussions, and events for film enthusiasts and the wider community." **PTI**

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